



Mississippi River Challenge

July 24 & 25, 2010

Paddle it. Protect it.

GEAR CHECKLIST

The Basics:

- Canoe or Kayak (*current license required*)
- Personal Flotation Device (*U.S. Coast Guard Certified –one/paddler required*)
- Paddle
- Paddling gloves
- **Refillable water bottle**
- Drinking water
- Sunscreen
- Insect repellent

Clothing:

- Sun/rain hat (wide brim)
- Quick-drying pants/shorts
- **Rain gear (jacket/poncho and pants)**
- T-shirt
- Bandana
- Long-sleeve shirt
- Fleece or wool hat/cap
- Wicking long underwear (top and pants)
- Fleece or wool sweater/sweatshirt
- Fleece vest

Footwear:

- Wool or synthetic socks
- Sport sandals
- Tennis shoes

Camping Gear:

(If you're staying overnight at the Fort)

- Tent, tarp, or bivy sack
- Tent stakes
- Tent footprint or tarp
- Sleeping bag
- Sleeping pad
- Camp chair
- Sit pad or sleeping pad chair kit
- **Lantern/flashlight** (there are no lights at Fort Snelling)
- Extra nylon stuff sacks

Others/ Extras:

- Binoculars
- Field guides
- Camera and film or memory cards
- Notebook and pencil
- Weather radio
- Duct tape
- Repair/sewing kit
- Accessory cord
- Money
- Photo ID (necessary for alcohol consumption at Fort)
- Dry bags / Plastic bags

